

St Andrew's Major Church in Wales Primary School

St Andrew's Road, Dinas Powys,

Vale of Glamorgan, CF64 4HB

Tel: 029 20513089

www.standrewsweb.com

standrewsmajorps@valeofglamorgan.gov.uk



Dear Parents/Carers,

17th June 2021

Relationships and Sexuality Education (RSE)

The Welsh Government requires that all schools offer a programme of Relationships and Sexuality Education (RSE) to all pupils. These lessons play a crucial role in enhancing learners' well-being and safety.

As you may Wales' curriculum is going through reform and includes new Areas of Learning (AoLEs), one of which is Health and Well-Being (which includes RSE). The curriculum is now in a period of transition from the National Curriculum to The Curriculum for Wales. From September 2021, schools will be developing their own curriculum in readiness for the full implementation in 2022.

Therefore, this year we will provide a developmentally appropriate RSE curriculum for Nursery to Year 6 based on the existing National Curriculum but with elements of the new Health and Wellbeing Area of Learning. The topics will include:

Nursery & Reception

- Keeping secrets, people you can trust
- Keeping clean
- Different types of families

Year 1 & Year 2

- NSPCC Underwear rule – keeping private parts private, using proper names for body parts
- Touch and the right to say 'no'
- Keeping secrets
- People you can trust
- Keeping clean
- Different types of families

Year 3

- What makes a good friend?
- Developing empathy
- Similarities / differences in males and females
- Appropriate and inappropriate touching
- Different types of families

Year 4

- Different types of families
- Human Life cycle.
- Physical differences between males and females.
- Growing up and keeping safe.
- Gender stereotypes

Year 5

- Friendships – similarities and differences between people contribute to diversity of friendships.
- Physical changes at puberty
- Gender Stereotypes
- Understanding the right to privacy

Year 6

- Relationships – What is love?
- Puberty – Recap the physical changes (Y5)
 - Emotional changes
 - Personal hygiene
- Physical changes at puberty are preparing the body for reproduction
- Pregnancy – Development of the baby importance of health in pregnancy
- Children are told that an egg and sperm join to make a baby, but **not how** they join.

As part of our RSE work we will be celebrating Pride month on 30th June (same day as the Skipathon). **Children can come to school wearing PE kit with a rainbow t-shirt/colour of the rainbow t-shirt (or their usual PE t-shirt).**

RSE creates a safe and an empowering environment to build upon learners' own formal and informal learning experiences offline and online. Learners will be able to reflect and express their views and feelings on a range of RSE issues.

If you have any questions or queries, please contact your child's class teacher in the first instance but you can also contact me or Mrs Hallett via the generic school email address if necessary.

Many thanks

SFrangoulis

Miss Frangoulis

Lead of Well-Being